



BASKETBALL GUIDELINES

(Applicable for Championships conducted in 2026)

Updated On: 8th July 2026

For queries related to the championship guidelines
please reach out to your city managers





BASKETBALL

Age Group	Event No	Gender	Cut Off Dates
U-11	1	Boys	Born on or After 1st January 2016
	2	Girls	
U-14	3	Boys	Born on or After 1st January 2013
	4	Girls	
U-16	5	Boys	Born on or After 1st January 2011
	6	Girls	
U-18	7	Boys	Born on or After 1st January 2009
	8	Girls	

As per the guidelines of Basketball Association, a player can play in more than one age category but not in different teams within the same age category. teams must consist of players from the same school only

SPORT RULES & REGULATIONS

- Participants must wear appropriate apparel for the sport of Basketball.
- The coach of a team is not allowed to enter the field of play in an ongoing match.
- Any misconduct on part of the coach may result in him not being allowed in the team seating area/dugout.
- A team will have 5 on field players with 7 substitutes.
- Starting the game requires a minimum of 5 players.
- The ball sizes for each age group will be as follows:
 - o Size – 6 for Girls
 - o Size – 7 for Boys

TOURNAMENT FORMAT

- A player can play in more than one age category but not in different teams within the same age category.
- The tournament format will be finalized based on participation received across all age and event categories for both, Boys and Girls.
- If a player engages in any misconduct, authorities have the entire ability to suspend that player from the current game.
- There will be a total of 4 quarters.
 - o Each quarter will last for ten minutes.
 - o After each quarter, there is a two-minute break.
 - o At halftime, there will be a 15-minute break.
 - o 5 minutes of additional time will be allowed if the game is tied.
- Hoop height for different categories as per FIBA.