



JUDO GUIDELINES

(Applicable for Championships conducted in 2026)

Updated On: 8th July 2026

For queries related to the championship guidelines
please reach out to your city managers





JUDO

Age Group	Event No	Weight Categories Boys	Event No	Weight Categories Girls	Cut Off Dates
U-8	1	-15	61	-15	Born between 1st January 2019 and 31st December 2020
	2	-18	62	-18	
	3	-21	63	-21	
	4	-24	64	-24	
	5	-27	65	-27	
	6	-30	66	-30	
	7	-33	67	-33	
	8	-36	68	-36	
	9	36	69	36	
U-10	10	-21	70	-21	Born between 1st January 2017 and 31st December 2018
	11	-24	71	-24	
	12	-27	72	-27	
	13	-30	73	-30	
	14	-33	74	-33	
	15	-36	75	-36	
	16	-39	76	-39	
	17	-42	77	-42	
	18	-46	78	-46	
	19	-50	79	-50	
	20	50	80	50	

A player can participate in only **ONE** weight category in a given Age-Category

Age Group	Event No	Weight Categories Boys	Event No	Weight Categories Girls	Cut Off Dates
U-12	21	-23	81	-23	Born between 1st January 2015 and 31st December 2016
	22	-26	82	-26	
	23	-29	83	-29	
	24	-32	84	-32	
	25	-36	85	-36	
	26	-40	86	-40	
	27	-44	87	-44	
	28	-48	88	-48	
	29	-52	89	-52	
	30	-57	90	-57	
	31	-63	91	-63	
	32	63	92	63	
U-14	33	-30	93	-30	Born between 1st January 2013 and 31st December 2014
	34	-34	94	-34	
	35	-38	95	-38	
	36	-42	96	-42	
	37	-46	97	-46	
	38	-50	98	-50	
	39	-55	99	-55	
	40	-60	100	-60	
	41	-66	101	-66	
	42	66	102	66	

A player can participate in only **ONE** weight category in a given Age-Category

Age Group	Event No	Weight Categories Boys	Event No	Weight Categories Girls	Cut Off Dates
U-17	43	-35	103	-32	Born between 1st January 2010 and 31st December 2012
	44	-40	104	-36	
	45	-45	105	-40	
	46	-50	106	-44	
	47	-55	107	-48	
	48	-60	108	-52	
	49	-66	109	-57	
	50	-73	110	-63	
	51	73	111	63	
U-19	52	-35	112	-32	Born between 1st January 2008 and 31st December 2009
	53	-40	113	-36	
	54	-45	114	-40	
	55	-50	115	-44	
	56	-55	116	-48	
	57	-60	117	-52	
	58	-66	118	-57	
	59	-73	119	-63	
	60	73	120	63	

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SPORT RULES & REGULATIONS

- The schedule for Weighing in will be communicated prior to the championship.
- If a Participant is absent for the weighing in process, he/she will not be eligible to participate.
- Any Participant found over age or with any manipulation in his/her documents, will be disqualified without anykind of prior intimation.
- Participants must wear and carry their appropriate uniform for the sport.
- Participants are strictly prohibited from using chokes & locks during their matches.

TOURNAMENT FORMAT

- The tournament format will be finalized based on participation received across all age and event categories for both, Boys and Girls.
- The match duration for each age category is as follows:
 - U-8 Boys & Girls:** 2 minutes
 - U-10 Boys & Girls:** 3 minutes
 - U-12 & U-14 Boys & Girls:** 4 minutes
 - U-17 & U-19 Boys & Girls:** 5 minutes
- Each Participant can participate only in one age group & weight category.