



VOLLEYBALL GUIDELINES

(Applicable for Championships conducted in 2026)

Updated On: 8th July 2026

For queries related to the championship guidelines
please reach out to your city managers





VOLLEYBALL

Age Group	Event No.	Gender	Cut Off Dates
U-12	1	Boys	Born on or After 1st January 2015
	2	Girls	
U-14	3	Boys	Born on or After 1st January 2013
	4	Girls	
U-16	5	Boys	Born on or After 1st January 2011
	6	Girls	
U-18	7	Boys	Born on or After 1st January 2009
	8	Girls	

As per the guidelines a player can play in more than one age category but not in different teams within the same age category. teams must consist of players from the same school only

RULES & REGULATIONS

- Participants must wear appropriate apparel for the sport of Volleyball.
- The coach of a team is not allowed to enter the field of play in an ongoing match.
- Any misconduct on part of the coach may result in him not being allowed in the team seating area/dugout.
- A team will have 6 on field players and 6 substitutes.
- Starting the game requires a minimum of 6 players.

TOURNAMENT FORMAT

- A player can play in more than one age category but not in different teams within the same age category.
- The tournament format will be finalized based on participation received across all age and event categories for both, Boys and Girls.
- If a player engages in any misconduct, they may be suspended from the current game.
- The matches will be played in a best of 3 sets, 2 sets of 25 points each and 1 (final set) of 15 Points.
- Yellow Card: An initial warning for any violation of rules.
- Red Card: suspension for the rest of the match. In this case, the team that loses the player shall continue the match with the remaining number of players. No substitution for a red carded player is allowed.